

10 Stage Transition Journey to Adult Services for Young People with Complex Needs

11 years +
Identify young
person needing
transition

Empower CYP to
develop self-care
skills

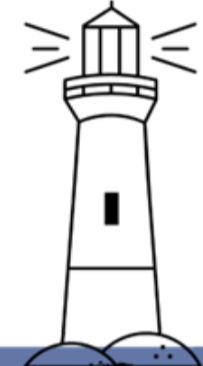


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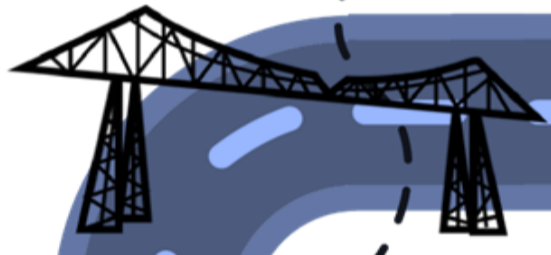
2

3

Joint review-
children's
services
leading



Start
transition
plan



6

5

Refer to lead
adult service/GP

4

Review the
multidisciplinary
team

7

Plan a route
into urgent
care



8

Young person
confident to
move to adult
services

9

Joint
reviews-
adult
services
leading

10

Young person settled
into adult services



Developmentally Appropriate Healthcare Transition for people with complex needs is a needs-led approach to support people who are open to 2 or more healthcare services (or who have been open to 2 or more services) and who may have other additional needs (including education, social care, emotional and mental health needs)