

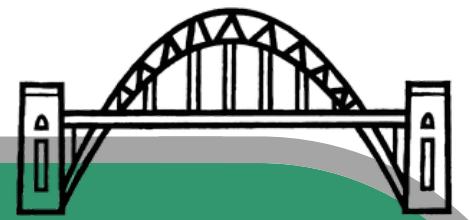
# 10 Step Transition Journey to Adult Services

11 years +  
Identify young  
person needing  
transition

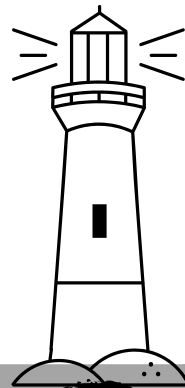
Empower CYP to  
develop self-care  
skills

**1**

**2**



Joint review-  
children's  
services  
leading



Start  
transition  
plan

**3**

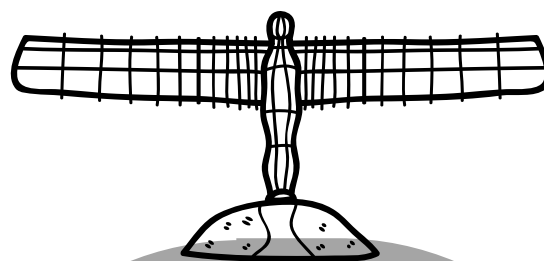
**6**

**5**

Refer to lead  
adult service/GP

**4**

Review the  
multidisciplinary  
team

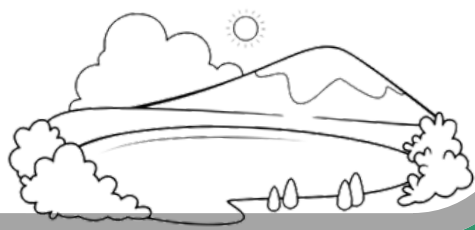


**7**

Plan a route  
into urgent  
care

**8**

Young person  
confident to  
move to adult  
services



**9**

Joint  
reviews-  
adult  
services  
leading

**10**

Young person settled  
into adult services

Click [here](#) to see Provider Trust Management responsibilities at each stage