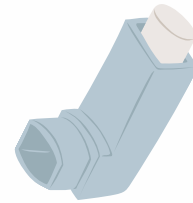


# Beat Asthma Friendly Sports & Activities Accreditation

## 8 steps

### 1) Inclusive statement

- Evidence of an inclusive asthma statement and ensure that this is accessible to all (Appendix 1)



### 2) Asthma Champion

- Named asthma champion/lead

### 3) Asthma register

- Up to date asthma/medical record with emergency contacts



### 4) Medications

- Easy access to their own inhaler for children and young people
- Medication must be clearly labelled with a pharmacy label displaying name/dose/instruction and a spacer provided by parent/carer if a MDI (puffer type) inhaler.



### 5) Personalised Asthma Action Plan

- Request to parents/carers to provide a copy of the CYP Personalised Asthma Action Plan (PAAP)



### 6) Pollution

- Evidence of awareness within club/activity .
- Triggers outdoor/indoor pollution.
- Smoke free site



### 7) Communication

- Communication platforms with Parent/Carer used to share important information



### 8) Training

- Asthma training to be completed every 3 years

<https://www.educationforhealth.org/course/supporting-children-and-young-peoples-health-improving-asthma-care-together/>

- At leader 75% of staff trained

**Child Health  
and Wellbeing  
Network**



**beat  
asthma**