

Beat Asthma Friendly School Accreditation

Beat Asthma Friendly School-
checklist accreditation example



		Tick once completed
School Asthma Policy	<p>Awareness of -Supporting Pupils in school with medical conditions (Department for Education 2015) available for all staff to read and to use as guidance when developing policies.</p> <p>Supporting pupils with medical conditions at school - GOV.UK (www.gov.uk)</p>	<p>Are all staff aware of how to access the document online or copy is available in school?</p> <p>Are staff aware of the school lead for asthma?</p>
	<p>Awareness of -Guidance on the use of Emergency Salbutamol Inhalers in Schools (Department of Health, Sept 2014).</p> <p>Emergency asthma inhalers for use in schools - GOV.UK (www.gov.uk)</p>	<p>Are all staff aware of how to access the document online or copy is available in school?</p> <p>Are staff aware of the school lead for asthma?</p>
	<p>School Beat asthma policy in place, developed using guidance from above and updated regularly – all staff to be made aware of the policy and where to access it.</p>	<p>Has the beat asthma policy been circulated to all staff to read, and do they know how to access it?</p> <p>Have School Governors seen the Policy?</p>
	<p>System in place to identify CYP who have frequent absences from school due to asthma.</p>	<p>School has a register in place for the attendance officer for the school to monitor attendance (this may be the role of the asthma lead/champion).</p>
Asthma Register	<p>Have a named individual asthma champion or leads</p>	<p>The school have a nominated individual champion/lead in school for asthma care.</p>
	<p>Ensure the school asthma register is in place and updated regularly. Must state the name and date of birth of CYP.</p>	<p>The school have a medical/ asthma register that all staff can access and have awareness of the register. This does not need to be a new register or database if the school already have one in place and school staff can access it. This needs to be checked and updated regularly throughout the school year.</p>

	Ensure that any opt-out consents are documented for emergency inhalers/spacers.	The opt-out consents are included in the policy and should be sent to all parents/ carers of children who have asthma diagnoses.
	Register available to all staff – suggest displaying in school office/staff room with a photo board.	The register /database should be available to all staff. It does not need to be on display in school if staff and supply staff are all aware of children with medical conditions Asthma.
	Ensure each child has an individual healthcare plan (IHCP) completed. School asthma care is detailed on the IHCP and supported where needed with a specific asthma management plan PAAP.	The school must ensure they have a personalised asthma action plan (PAAP) or own school plan for all children and young people (CYP) with a diagnosis of asthma. Or have evidence they have requested the PAAP from parent /GP/Specialist nurse.
Emergency Inhaler kits To use if CYP own not available	Suggest a minimum of 3 emergency inhaler kits are purchased to keep in school conveniently located in key areas. Can only be used for pupils who have a diagnosis of asthma or have been prescribed a salbutamol inhaler with the exception where parents have submitted the opt-out consent. An emergency kit should be taken out of school for offsite activities/residential trips.	The number of emergency inhaler kits in school will vary depending on the size of the school and the number of children and young people with an asthma diagnosis. A minimum of 2 kits must be available.
Emergency Kit content	Each kit should consist of: Asthma register 1 large volume spacer device 1 salbutamol 100mcgs per puff inhaler Information leaflet on how to administer. Asthma attack flow chart Record of inhaler use.	Example of what emergency kit should contain. This needs to be checked regularly by the asthma lead in school. E.g., for expiry dates

	<p>Letter template to send to the parent informing them that the emergency inhaler/spacer has been used.</p> <p>Every inhaler following use should be returned to the pharmacy for safe disposal.</p> <p>Each spacer used for a single child only could be retained and labelled for that child / given to the parent for home use /returned to the pharmacy for safe disposal.</p>	
Medications	<p>Asthma medication is provided by the parent for the school use with instructions of when and how to use it, in keeping with their IHCP/PAAP.</p>	<p>All reliever inhalers in school should have the prescriber's instructions with CYP name when and how many puffs to take of the inhaler. Along with a copy of the PAAP if available.</p>
	<p>The use of reliever medication must be recorded, and parents informed if used outside of the pupil's management plan</p>	<p>The asthma lead/ champion should have a register or record if the emergency inhaler is used, and the parent /carer informed.</p>
	<p>A system is in place to check the expiry dates of any medication and a system to replace when expired or almost empty.</p>	<p>The asthma lead/champion may complete the task or nominate a staff member from each classroom to check them.</p>
	<p>School staff and CYP know where their inhaler and spacer are kept – must be always accessible.</p>	<p>The asthma lead/champion will support the school staff to identify an accessible place for example in the CYP classroom.</p>
	<p>Inhalers should be kept in a cool environment.</p>	<p>Check where inhalers are stored and move them to a suitable place if needed.</p>

	If using a metered dose inhaler (“puffer” type), a spacer device must also be provided by the parent.	Spacers can be obtained from the GP and parents can request one for school.
	Medication must be clearly labelled with a pharmacy label displaying the name/dose/instructions.	The inhaler box should have the prescriber’s information on it.
CYP that self-manage	If a CYP carries their own inhaler as part of their IHCP, a spacer and metered dose inhaler should be available for them to use in school – provided by the parent	This maybe useful for CYP transitioning to Secondary school.
	Parents should be informed if a CYP appears to be using their reliever inhaler more frequently than usual in school. Home Healthier Together (nenc-healthiertogether.nhs.uk)	Letter templates are available for the school to print and add details from the Healthier Together website.
	Encourage CYP who self-manage to carry a copy of their PAAP in their school personal planner.	PAAP should be taken into school or may be carried by the CYP in secondary school.
Pollution	Evidence of awareness within the school. Triggers Outdoor/Indoor pollution Journey to school Smoke-free site Resource -Beat asthma website /reference list Please give 3 examples	Smoke/vape-free site example school has a policy in place. Children are not sent straight out onto the grass after it’s just been cut. Or to play when all the leaves have fallen off the trees. The school have a car-free zone outside the school gates at drop-off, pick up and playtimes

		<p>The school playground is away from the road and traffic or has hedges and bushes around the perimeter of the school.</p> <p>The school do not have air freshener/candles or diffusers in school which maybe a trigger for CYP</p> <p>Cleaning products used within the school and when they are used need to be considered. Ensure they meet the COSH standards.</p> <p>Minimise soft furnishing and carpets to reduce dust mites.</p> <p>Be aware of allergies for pets and small animals in school</p>
<p>Whole school approach</p>	<p>Evidence of involvement of Parents /guardian -sharing information /updates/opinions Give examples of evidence</p>	<p>Text/ Facebook messages to parents/ carers with information.</p> <p>Parents invited to the school for events and performances.</p> <p>Reminder text sent to parents/ carers regarding inhalers.</p> <p>Key message reminders for a sports day/ firework and bonfire night about inhalers.</p>

		<p>Parents aware of the Asthma policy in school.</p> <p>Parents' asthma group or Parent governor to take and drive CYP asthma care in school.</p>
	<p>CYP-Asthma ambassadors /children's views on asthma in school. Give examples of evidence</p>	<p>CYP groups in school/asthma champions/well-being leads/ school council.</p> <p>Posters in school/notice boards with displays of information.</p> <p>Events in school for CYP.</p> <p>Asthma assembly for all CYP to promote awareness and understanding.</p>
Staff Training	<p>All school staff complete online Asthma awareness sessions then biannually. https://www.educationforhealth.org/course/supporting-children-and-young-peoples-health-improving-asthma-care-together/</p>	<p>Recommended 85 % completed the online Tier 1 training every 2 years.</p> <p>The asthma lead in school has a register of attendees.</p>
	<p>How do I manage a CYP having an asthma attack flow chart displayed in school – see appendix</p>	<p>Staff are aware of the poster, and this can be displayed around the school.</p>

	<p>Staff administering inhalers should be knowledgeable of the correct technique Information available on inhaler devices and how to use https://www.beatasthma.co.uk/ video section</p>	<p>Staff to be aware of resources and the asthma champion/ lead to share with school staff and updates.</p>
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Accreditation achieved or
actions Date completed

Signature of Community Asthma Advisor