

NEWSLETTER

January 2026



Happy New Year everyone!

We have had a particularly busy quarter with training and education sessions. In November we had our **maternal medicine for midwives session** which received great feedback from those who attended. In December we had the **Regional Neurology study day** which was a great learning opportunity for trainees across the region. In January we had the **Renal study day** in Portsmouth which was well attended and feedback was great. This quarter we are hoping to have another case conference, date and theme to be confirmed in due course. We also have our **Network Business Meeting** on Friday 6th March, invites for this will be sent out shortly. Our Patient Experience Survey went live on 1st January and runs until 30th June. The leaflet with QR code has been re-sent with this newsletter.

Please see our obstetrics area below for updates on our most recent guidance

Cardiac Referrals - please can referrals only be sent to ANC.cardiac@uhs.nhs.uk and not to individual clinicians. Please could you also ensure the patient name and NHS number is in the subject line.

Obstetrics

Our Epilepsy Principles of Care guidance has passed through governance this week. This will be circulated to the region for you to pass it through your own local governance procedures.

Our Thyroid guidance has been through first consultation and Helen will be in touch to those who responded to the consultation.

The consultation period for the updated Hypertension guidance ended last week - thank you to all who commented.

Thank you for completing the Biologics questionnaire. Abi will be starting work on an infographic to form a basis for discussions around stopping/continuing in pregnancy, with the intention that this can be used by ourselves as well as other specialities.

Midwifery

Following a successful Maternal Medicine for Midwives study day, we have scheduled two more sessions for 2026 and the dates have been circulated to local practice education leads for dissemination.

We would be grateful if all teams could complete the Badgernet MMN forms. In line with our data-sharing agreement, this information helps us demonstrate the activity taking place across maternal medicine in the region and supports the principles outlined in the recent maternal care bundle on auditing access to maternal medicine services. We are planning future patient-experience videos, so if you are aware of any women who may be interested in taking part, please get in touch.

Obstetric Physicians

We are delighted that Jack Milln will be joining the team in July. In the meantime, he attended and presented at the recent regional renal study day, which provided a valuable opportunity to meet the local renal team, the Portsmouth obstetric team and regional trainees. Work continues across all areas, including progress on the OP mitigation plan. Pre-conception care is now running as business as usual, and our education remains active as you will see from our updates above.

We will be in touch shortly following the release of the maternal care bundle, as we begin to consider regional approaches to care

Network Referrals

ALL maternal medicine referrals and advice requests should be sent to:

WessexObstetricMedicine@uhs.nhs.uk

(or **ANC.Cardiac@uhs.nhs.uk** for cardiac)

Please include NHS no and relevant information in all emails

MDT's

Network clinicians and trainees are welcome, contact us for links:

- **Cardiac (operational only)** Monthly, first Thursday, 1400.
- **Haematology:** Monthly, third Monday, 1400 (please ensure referral forms are completed for all new referrals)
- **Asthma & Difficult Airways:** Monthly, fourth Thursday, 0900

Additional Learning

27th January - MOMS Midwifery Webinar - Haematology and Rheumatology - Book [HERE](#)

10th Feb - How Has Maternal Medicine Changed in the First Quarter of the Century - Book [HERE](#)

5th March - Lipid Disorders in Pregnancy - Book [HERE](#)

Diary Dates

- **6th March - Network Business Meeting**
- **March TBC - Case Conference**
- **15th May - Maternal Medicine for Midwives**
- **19th May - Joint Cardiac Network Education Day**
- **June TBC - Case Conference**