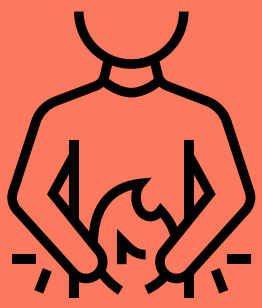
Did youfeeltheURGE to

PASS

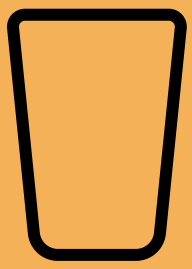
urine (go for awee)?
Did this feel normal?



Did you feel

EMPTY

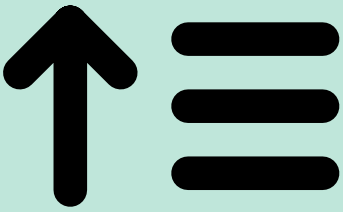
after you passed urine (wee)?



Did you pass a good

AMOUNT

of urine (wee)?





WHEN YOU GO FOR A WEE, THINK...

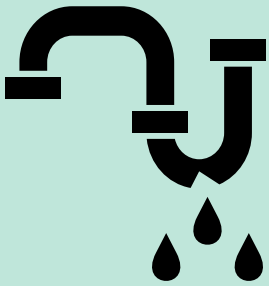
P E A C E

BE AT PEACE WITH YOUR BLADDER!

Could you

CONTROL

your urine or did you leak?



Was it

EASY

andcomfortable towee?
Did you have a good stream?



...And has it been

MORE THAN



since you last passed urine (had a wee)?

Please don't feel embarrassed. If you have:

- No urge to wee
- Are leaking wee
- Anything seems unusual

please tell your midwife

so we can make sure you receive any care you need

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